

COME to a SPECIAL EVENT

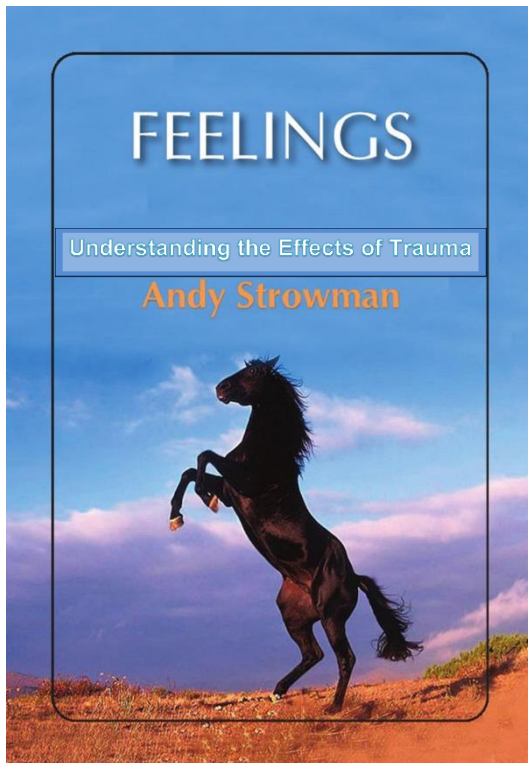
The launch of Andy Strowman's second book

Feelings: Understanding the Effects of Trauma

At St Nicholas Church, Harpenden

7pm, Saturday, 8th July

Andy is a local resident who has a story to tell. In short creative vignettes, he shares his story of abuse and the way others responded, some helpful, some not. He offers suggestions on how to help those who have faced abuse.



The evening will include others sharing their stories and what the church and other organisations can do to help and support them.

There will be some light entertainment from Andy's wide range of friends and connections.

It is a once in a life-time event to listen and learn together.

Light refreshments available.

Copies of the book available to buy, £5.

No charge to attend.