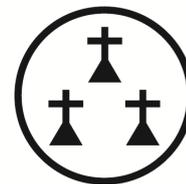


**We are an inclusive church, called to be caring, loving and welcoming to all**

**Parish of Harpenden**



## **Sunday 8 March 2026 The Third Sunday of Lent Services in the Parish**

- 8.00am **Holy Communion at St Nicholas'**  
President & Preacher - Revd Mark Rodel
- 9.30am **Sung Eucharist at St Nicholas'**  
President & Preacher - Revd Mark Rodel  
This service will be live streamed on [facebook.com/StNicholasChurchHarpenden](https://www.facebook.com/StNicholasChurchHarpenden)
- 9.30am **Family Communion at St Mary's**  
President & Preacher - Revd Sally Goodson  
Live-streamed on [www.facebook.com/StMarysKinsbourneGreen](https://www.facebook.com/StMarysKinsbourneGreen)
- 10.00am **Holy Communion at All Saints'**  
President - Revd James Brown; Preacher - Roy Mutlow  
Zoom details available in the weekly email sending the pew leaflet
- 11.30am **Morning Praise at St Nicholas'**  
Leader - Suzanne Rose; Speaker - Andrew Marsh
- 3.00pm **Holy Baptism at St Nicholas'**: Grace Downes; Sienna Elizabeth Simpson; Nick Davis
- 4.00pm **Holy Baptism at St Nicholas'**: Elijah Danger Fielder
- 6.30pm **Choral Evensong at St Nicholas'**

### **Contact details**

Parish Office T: 01582 765524 E: [office@parishofharpenden.org](mailto:office@parishofharpenden.org)

For any pastoral concerns contact any one of the Parish Clergy or Pastoral Care Team

Revd Patrick Moriarty T: 07376 661041

E: [rector@parishofharpenden.org](mailto:rector@parishofharpenden.org)

Revd Sally Goodson T: 01582 712754

E: [associate.vicar@stmarys.parishofharpenden.org](mailto:associate.vicar@stmarys.parishofharpenden.org)

Revd James Brown T: 01582 363 789

E: [associate.vicar@allsaints.parishofharpenden.org](mailto:associate.vicar@allsaints.parishofharpenden.org)

Chris Powell T: 01582 764930 (Pastoral Care Co-Ordinator)

### **CONNECT, BELONG, SHARE, GROW**

*Our mission is to build connections, encourage belonging, and share an appealing faith that grows a vibrant Christian community at every stage of life.*

### **PARISH OFFICE OPENING HOURS THIS WEEK**

MONDAY - FRIDAY

10.00am - 2.00pm

# ●●● | Collects, Readings, Lenten Prose, Gospel and Post-Communion

## **COLLECT**

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## **Or ADDITIONAL COLLECT**

Eternal God, give us insight to discern your will for us, to give up what harms us, and to seek the perfection we are promised in Jesus Christ our Lord.

## **FIRST READING Exodus 17.1–7**

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

## **SECOND READING Romans 5.1–11**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

## **LENTEN PROSE**

To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications.

*Hear us, O Lord, have mercy upon us: for we have sinn'd against thee.*

O thou chief Cornerstone, Right Hand of the Father: Way of Salvation, Gate of life celestial: cleanse thou our sinful souls from all defilement.

*Hear us, O Lord, have mercy upon us: for we have sinn'd against thee.*

## **LENTEN PROSE continued**

God, we implore thee, in thy glory seated: bow down and hearken to thy weeping children:  
pity and pardon all our grievous trespasses

*Hear us, O Lord, have mercy upon us: for we have sinn'd against thee.*

Sins oft committed now we lay before thee: with true contrition now no more we veil them:  
grant us, Redeemer, loving absolution.

*Hear us, O Lord, have mercy upon us: for we have sinn'd against thee.*

Innocent captive, taken unresisting: falsely accused, for us sinners sentenced, save us we pray thee,  
Jesu our Redeemer.

*Hear us, O Lord, have mercy upon us: for we have sinn'd against thee.*

## **GOSPEL John 4.5–30, 39-42**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him. Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

SEE OVERLEAF FOR POST-COMMUNION PRAYER

## POST COMMUNION

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord.

### PLEASE REMEMBER IN YOUR PRAYERS

**Diocesan Topic for the Week:** Going deeper into God; parish prayer groups

**The Sick:** Jo Morris, Marian Williams

**The Recently Departed:** Brenda Toulson

**First Anniversary of Death:**

## ● ● ● | Parish Notices

**SPIRITUAL HEALTH CHECK FOR LENT.** Lent is a good time to take stock of our spiritual health, where we are with on our walk with God and how we might refresh or re-find our faith. The clergy of the parish (Patrick, James and Sally) offer you a one-to-one Spiritual Health Check' - a conversation about the spiritual life, with honesty, humanity and humour, and in complete confidence. Bring your questions, frustrations, joys and hopes and we will explore them together. Contact any one of us to arrange a time.

**CONFIRMATION** we are running courses of preparation for Confirmation, for adults and for children. Please speak to a member of the clergy if you are interested in joining: dates and times to be confirmed to suit the groups once they are convened.

**THE TWICE MONTHLY COURSE ON ROMANS CONTINUES AT ST NICHOLAS' CHURCH HALL ON TUESDAYS 2.30 TO 4PM** The next session is 10 March. Please contact Kirsteen Say 07941 480917 or Sarah Sewell 07746 070443 or just come along. All welcome.

**WATERSHED: A RIVER'S CALL TO ACTION** - We are excited to reveal that All Saints' will be hosting this fantastic art installation 11-26 April. Previously displayed in St Albans Cathedral, this large scale art exhibition by artist collective Cross Arts Projects (XAP) brings attention to the vitality and acute vulnerability of our UK waterways. There will be lots of community engagement (schools and uniformed groups etc.) as well as a range of public events that we will host alongside the project. Look out for upcoming opportunities to be involved.

**PASTORAL CARE IN THE PARISH** We have an active Pastoral Care Group in the parish. Together with the clergy, this trained team receive and respond to requests for prayer, practical support, visiting or phone contact for any who would like them, whether short or longer term. They also offer bereavement support and can signpost to more specialist help as required. If you would like to make a request, or just to have a conversation, please contact Chris Powell, Pastoral Care Coordinator, or Patrick, Sally or James. All contact details are on the front of this pew leaflet.

**LEA SINGERS INTO THE LIGHT - SATURDAY 21 MARCH, 7.30PM.** The Lea Singers are looking forward to returning to St Nicholas' to sing three of the 20<sup>th</sup> century's most profoundly spiritual choral works - the Duruflé Requiem, Benjamin Britten's Rejoice in the Lamb and Arvo Part's Salve Regina. Tickets from [leasingers.co.uk](http://leasingers.co.uk). Do come!

**THE HARDYNGE CHOIR 60<sup>TH</sup> ANNIVERSARY CONCERT - MOZART REQUIEM - SATURDAY 28 MARCH AT 7.30PM AT ST NICHOLAS' CHURCH.**

The Hardynges Choir will be performing A Mozart Requiem to celebrate their 60<sup>th</sup> anniversary year. Tickets: Unreserved £20; Students £10; Under 16 free. Book online [www.hardyngeschoir.org](http://www.hardyngeschoir.org) or call 0845 475 1664.

**ALL OUR CHILDREN 27 MARCH – 4 APRIL, BARN THEATRE, WELWYN GARDEN CITY**  
Set in 1941 in a small German clinic, *All Our Children*, unfolds over the course of one winter's day in the lives of people quietly trying to navigate a world losing its moral compass. Into this enclosed space comes voices that challenge, soften and inspire: a weary doctor rediscovering his conscience, a mother holding fiercely to love, a maid whose practicality masks deep compassion, and a bishop whose remarkable real-life courage lit a spark of resistance across the country. Don't miss this thought-provoking production. For more information and tickets go to the Barn Theatre website - [https://www.barntheatre.co.uk/productions\\_events/2025-2026/all-our-children/](https://www.barntheatre.co.uk/productions_events/2025-2026/all-our-children/)

**VERY MANY THANKS** to everyone who donated to or helped in any way with the final BHA Collection on Saturday. (Please see BHA letter on notice boards).

We packed boxes and sacks, sufficient to almost fill the small removal lorry, and also received monetary gifts of approximately £1400. Thanks to everyone who helped load the lorry on Monday morning. Many thanks also to all who sustained us on packing days throughout the years with regular supplies of tea, coffee and cake!! Margaret and Neil, Anne and John.

**PARISH GIVING:** If you do not already make a regular donation to the Parish, please consider doing so. It is now easier than ever to set up a Direct Debit with The Parish Giving Scheme (PGS). Follow this link <https://www.parishgiving.org.uk/donors/find-your-parish/harpenden-st-nicholas-st-albans/> or simply scan the QR code from your mobile device. Any queries can be sent to Claire Petevinos: [giving.recorder@parishofharpenden.org](mailto:giving.recorder@parishofharpenden.org)



**ST GEORGE'S SCHOOL APPLICATIONS**

Children intending to apply to St George's Secondary School are advised to submit a clergy reference form with their application. The school gives priority to children with a clergy reference. *Please note:*

- *The School requires church attendance at least once per calendar month for each of the 24 months prior to the date of application for a school place.*
- *St George's School Governors set the admissions policy, not the Church. Queries about the policy or the process, or about your child's application, should be addressed to the admissions team at the School.*
- *It is parents' responsibility to check the admissions requirements and ensure they meet them*

To ensure we can give this reference, a Record of Attendance should be completed for 2 years prior to date of application (i.e. during school Years 4 and 5). You can pick up a blank copy from any of our three churches. The School website provides further details of the admissions criteria. The school will consider applications without a clergy reference but through a separate admissions category.

## **St Nicholas' Church Notices**



### **MUSIC**

<b>9.30am</b>	<b>Sung Eucharist</b>
<b>Setting</b>	New English Folk Mass
<b>Hymns</b>	2 Christ, whose glory fills the skies; 556 Praise the Lord! Ye heavens adore him; 480 In the cross of Christ I glory
<b>Anthem</b>	The Call (Randall)
<b>6.30pm</b>	<b>Choral Evensong</b>
<b>Responses</b>	Byrd
<b>Setting</b>	Kramer: Harpenden Service
<b>Anthem</b>	A Hymne to Christ (Imogen Holst)

**OUR 9.30AM SERVICE IS NORMALLY LIVE STREAMED ON FACEBOOK** (also available as a recorded service afterwards). We are a public page and you do not have to sign up to Facebook to access (just keep saying no to joining until you get to the page (<https://www.facebook.com/StNicholasChurchHarpenden>)). Any problems, do contact us.

**OUR MARCH SATURDAY MORNING TALK WILL BE ON 14 MARCH AT 10.30AM IN ST NICHOLAS CHURCH HALL.** Alan Stranders will be talking about The Childwick Trust and the Joel Dynasty. The Childwick Trust is not a particularly well-known local Charity; it is based at the Childwickbury Estate, which was owned by the Joel family. Its history epitomises a classic example of “rags to riches” in an intriguing story. The Trust now donates many thousands of pounds every year to a variety of local charities.

**PLEASE JOIN US FOR AN HOUR TO DUST, POLISH AND HOOVER THE CHURCH ON SATURDAY 21 MARCH 11AM – 12NOON** in preparation for Easter. Hoovers, brooms, cloths etc will be provided, as will refreshments.

**THIS SUNDAY IS WOMAN COMPOSER SUNDAY**, a joint venture from the Society of Women Organists, the Royal College of Organists and the American Guild of Organists, now in its sixth year and timed to coincide with International Women's Day today. Our anthems morning and evening are by Gail Randall and Imogen Holst, from the Multitude of Voyces project [www.multitudeofvoyces.org](http://www.multitudeofvoyces.org), and the Evensong canticles will be the first performance of The Harpenden Service composed for us by Anne-Marie Kramer as a gift to the choir when she left to take up her ordained ministry. Anne-Marie will be present singing with the choir. The organ voluntaries played in the morning are Prélude, Op.78 by Cécile Chaminade (1857-1944) (also performed at Queen Victoria's funeral in 1901), Meditation on 'Attende Domine' by Alison Willis (b. 1971) and 'Fanfare in G minor' by Emma Louise Ashford (1850-1930).

## All Saints' Church Notices

Emergency Prayer Chain: [jenny.britt@yahoo.com](mailto:jenny.britt@yahoo.com)



**PRAYER AND MEDITATION WALKS** 5.30pm Tuesdays in Lent until 24 March. Meet at All Saints' Church to walk through Batford Springs Nature Reserve, pausing to hear readings to help us reflect on life in this season. Walks last around 45 minutes, and those who wish can come to the Marquis of Granby for a drink afterwards.

**MOTHERING SUNDAY POSIES** On Saturday 14 March at 10am, we will be making the posies for Mothering Sunday. These are given out at our service on Sunday and afterwards are available for people to collect to give as gifts. This is an important and appreciated part of our outreach to the local community. If you are able to help us make these, do come along to the church at 10am. All welcome. No experience necessary; training will be given. Please bring secateurs if you can. Small leafed foliage from your garden would also be appreciated; we can arrange to come and cut it if that would help. Many thanks. Judith

**AN EVENING WITH HARPENDEN MONEY ADVICE CENTRE** Wednesday 25 March, 7.30 - 9.00pm in All Saints' Hall. Short talks from advisers and supporters about the impact HMac has in the community followed by light refreshments and the opportunity to chat. You can find full details and book a place via the Events page on this link: <https://www.hmac.uk/events>

**WORKING PARTY - INDOORS AS WELL AS OUT!** You are welcome to come along on the first Saturday of each month when we get together to care for the grounds at All Saints' and to dust, sweep and generally clean the church. We meet from 9.30 - 11.30am or whatever time you can manage. Our next session (if you are reading this before the weekend) will be on **Saturday 7 March**. Coffee served, jobs done, fun had.

## St Mary's Church Notices



**TUESDAY 10AM HOLY COMMUNION** - 17 March

**CARBON FAST FOR LENT: DO TAKE PART IN OUR CARBON FAST CHALLENGE FOR LENT**, details are with the Missive and on the poster in the Hall. 8-14 March Fast from cheese, chocolate and coffee

**TUESDAY AFTERNOON GROUP:** This group needs someone to take on the leaders role, to organise the programme, and liaise with speakers. We have good volunteer support to prepare and serve tea, to help set up and tidy up. Could you, or someone you know step into this role?

**MOTHERING SUNDAY POSY MAKING** Saturday 14 March, 10.30am - 12.30pm. Flowers will be provided but please bring small leaf greenery if you can and your secateurs.

**WE ARE NEED OF A NEW DISTRICT WARDEN** Please pray about who might step into this role and speak to Sally about any inspiration you have.



## What's on this Week

### **Monday 9**

- 2.30pm Lent Group at All Saints', Gordon Facer Room  
8.00pm Lent Group at St Mary's

### **Tuesday 10**

- 9.00am Morning Prayer at St Mary's  
12.30pm Funeral of the late Brenda Toulson at St Mary's  
2.00pm Lent Group in Cornelia's, St Nicholas' Church Halls  
2.30pm Course on Romans in St Nicholas' Church Halls, Cunningham Room  
5.30pm Prayer and Meditation Walk meeting at All Saints' - see Church Notices  
8.00pm Compline by Candlelight at St Nicholas'

### **Wednesday 11**

- 9.15am Morning Prayer at St Nicholas'  
10.30am Holy Communion at St Nicholas'

### **Saturday 14**

- 10.30am Talk on The Childwickbury Trust in St Nicholas' Church Halls

### **Sunday 15 March - Mothering Sunday**

- 8.00am **Holy Communion at St Nicholas'**  
President & Preacher - Revd Patrick Moriarty
- 9.30am **All Age Eucharist at St Nicholas'** (cubs & scouts will be involved)  
President & Preacher- Revd Patrick Moriarty;  
This service will NOT be live streamed on [facebook.com/StNicholasChurchHarpenden](https://www.facebook.com/StNicholasChurchHarpenden) due to image consent issues
- 9.30am **Family Communion at St Mary's**  
President & Preacher - Revd Nick Goulding  
Live-streamed on [www.facebook.com/StMarysKinsbourneGreen](https://www.facebook.com/StMarysKinsbourneGreen)
- 10.00am **All Age Worship at All Saints'**  
Led by Revd James Brown & Victoria Edgar  
Zoom details available in the weekly email sending the pew leaflet
- 11.30am **Morning Praise at St Nicholas'**  
Leader - Vicky Platt; Speaker - Harry Smith
- 4.30pm **Simply Worship at St Mary's**
- 6.30pm **Choral Evensong at St Nicholas'**
- Readings** 1 Samuel 1.20-end      2 Corinthians 1.3-7      Luke 2.33-35